Program Description
The Nursing Assistant / Home Health Aide course is designed to prepare the student for basic entry level employment in a long-term care facility, hospital, and other medical settings. This course introduces concepts of basic human needs, health/illness continuum, and basic nursing skills. It is designed to prepare the student for entry level as a Nursing Assistant. In addition, the Home Health Aide component is designated to instruct students to apply basic nursing principles in caring for the client at home. This course includes a mandatory 24 hour clinical component to be completed in a Long-Term Care facility. This course serves as an introduction to the nursing sequence for students who choose to advance in the nursing, and other medical professions. Upon successful completion of this course, the student is entitled to take the State Nursing Assistant/Home Health Aide Test Out. This test is required to be awarded a Nursing Assistant/Home Health Aide Certificate. This course meets the Federal OBRA and Minnesota Department of Health requirements. Please note this certificate does not meet the minimum hour requirements for certification in Wisconsin.

Program Outcomes
- Describe health care workers’ roles and responsibilities within a health care organization
- Describe basic human needs and how to assist someone meet those needs
- Describe appropriate communication techniques with residents/clients and staff, including reporting and recording methods
- Describe and demonstrate infection control principles/asepsis in facilities and home environments
- Demonstrate good body mechanics
- Demonstrate the appropriate steps of the 58 skills listed by the MN Nursing Assistant/Home Health Aide Competency Evaluation Program
- Describe Resident and Client Bill of Rights
- Demonstrate organizing time schedule in a facility and/or home environment
- Describe basic body systems
- Demonstrate accountability, civility and responsibility for own professional behavior and development
- Identify emergency situations and implementation of appropriate procedures

NOTE: Student must show proof of a negative tuberculosis (TB) screening 90 days prior to the clinical rotation, a lifting requirement and State Background Study.

Program Articulations
The Nursing Assistant Program at Lake Superior College is accredited through the Minnesota Department of Health, Nursing Assistant Registry PO Box 64501, St. Paul, MN, (800) 397-6124 or (651) 215-8705

For more information about the Nursing Assistant Program see the program website (https://degrees.lsc.edu/nursing-assistant/); or contact Catherine Lassila (catherine.lassila@lsc.edu) at 218-733-5935; or contact the professional advising team (advising@lsc.edu) at 218-733-7601

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All courses in diploma and/or certificate programs are acceptable for credit toward Lake Superior College degree programs as indicated on individual program planners. This is not a contract; Lake Superior College reserves the right to change the planner as necessary. This document is available in alternative formats upon request, by contacting Disability Services or (218) 733-7650 or MRS/TTY (800) 627-3529.